



DIETARY SUPPLEMENT **PERFORMANCE+**



PERFORMANCE+ is an advanced formula designed to boosting energy, strength, and muscle recovery. It combines creatine monohydrate, essential amino acids, Myo-inositol, and electrolytes that help maintain hydration and physical performance. The amino acids support protein synthesis and muscle regeneration, while magnesium, potassium, and sodium contribute to neuromuscular balance and cognitive function. With a refreshing watermelon and cherry flavor, it offers a delicious and functional way to recharge and sustain your energy.

Ingredients:

Magnesium glycinate, Magnesium L-threonate, Magnesium citrate, Potassium citrate, Sodium chloride, Leucine (L-leucine hydrochloride), Phenylalanine (L-phenylalanine hydrochloride), Lysine (L-lysine hydrochloride), Threonine (L-threonine hydrochloride), Valine (L-valine hydrochloride), Isoleucine (L-isoleucine hydrochloride), Histidine (L-histidine hydrochloride), Methionine (L-methionine hydrochloride), Creatine monohydrate, Myo-inositol, Cherry pulp, Stevia.



Supplement Facts

Serving Size 1 Scoop (14 g)
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%*
Magnesium (from Magnesium Glycinate, Magnesium L-Threonate and Magnesium Citrate)	350 mg	83%
Sodium (as Sodium Chloride)	300 mg	13%
Potassium (as Potassium Citrate)	500 mg	11%
Leucine (as L-leucine hydrochloride)	3000 mg	†
Phenylalanine (as L-phenylalanine hydrochloride)	1190 mg	†
Lysine (as L-lysine hydrochloride)	1190 mg	†
Threonine (as L-threonine hydrochloride)	910 mg	†
Valine (as L-valine hydrochloride)	770 mg	†
Isoleucine (as L-isoleucine hydrochloride)	644 mg	†
Histidine (as L-histidine hydrochloride)	644 mg	†
Methionine (as L-methionine hydrochloride)	259 mg	†
Creatine Monohydrate	3000 mg	†
Myo-Inositol	300 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Citric Acid, Cherry Pulp, Natural Watermelon Flavor, Silicon Dioxide, Guar Gum, and Steviol Glycosides.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE TREAT, CURE OR PREVENT ANY DISEASE.