



VITALHEALTH.

DIETARY SUPPLEMENT

V-NOURISH+

NOURISH+ is a combination of plant proteins, superfoods, adaptogens, probiotics, and micronutrients designed to supplement daily nutrition. It combines pea, rice, hemp, and pumpkin seed protein with coconut milk, cacao, and agave inulin to provide energy, satiety, and healthy digestion. Its fusion of mushrooms (reishi, cordyceps, shiitake, chaga) and adaptogens (ashwagandha, maca, holy basil) helps maintain body balance, improve concentration, and strengthen vitality. Made with a blend of fruits, vegetables, and superfoods (mangosteen, spirulina, moringa, goji, maqui, camu camu) that provide antioxidants, vitamins, minerals, and probiotics that strengthen the immune system and promote intestinal health.

Ingredients:

Pea protein powder, rice protein powder, hemp protein powder, pumpkin seed protein powder, coconut milk, medium-chain triglycerides powder (MCT), cordyceps mushroom, mangosteen, shiitake mushroom, maca, ashwagandha, turkey tail mushroom, chaga mushroom, holy basil, ginger, beetroot, strawberry, mango, green apple, blueberry, noni, dragon fruit, banana, tomato, grape, camu camu, kale, goji berry, cherry, chlorella, moringa, spirulina, alpha-lipoic acid, resveratrol, maqui berry, broccoli, reishi mushroom, coenzyme Q10 (Ubiquinone), quercetin, *Lactobacillus plantarum*, *Lactobacillus rhamnosus*, *Lactobacillus casei*, *Bifidobacterium lactis*, *Bifidobacterium adolescentis*, *Bifidobacterium longum*, berberine HCl, turmeric (*Curcuma longa*), spinach, green tea extract, bitter melon, protease, amylase, AFA algae (*Aphanizomenon flos-aquae*), omega-3, vitamin A, vitamin C, vitamin D, vitamin E, vitamin K, thiamine, riboflavin, niacin, vitamin B6, folate, vitamin B12, biotin, pantothenic acid, calcium, iodine, magnesium, zinc, selenium, copper, manganese, chromium, cacao powder, chia powder, sunflower lecithin, Stevia.



Supplement Facts

Serving Size 30 g (2 Scoops)		% Daily Value	
Servings Per Container 15			
Amount Per Serving		Amount Per Serving	% Daily Value
Calories 180		Proprietary Blend 3000 mg	†
Total Fat 6 g	8%*	MCT Powder (Medium-Chain Triglycerides from Coconut Oil), Cordyceps (<i>Cordyceps militaris</i>) Fruiting Body Dried Extract, Mangosteen (<i>Garcinia mangostana</i>) Fruiting Body Dried Extract, Shiitake (<i>Lentinula edodes</i>) Fruiting Body Dried Extract, Maca (<i>Lepidium meyenii</i>) (Root), Ashwagandha (<i>Withania somnifera</i>) (Root), Turkey Tail (<i>Trametes versicolor</i>) Fruiting Body Dried Extract, Chaga (<i>Inonotus obliquus</i>) Fruiting Body Dried Extract, Holy Basil (<i>Ocimum sanctum</i>) (Whole Plant), Ginger (<i>Zingiber officinale</i>) (Root)	
Saturated Fat 2.5 g	13%*	Superfruit Blend 350 mg	†
Total Carbohydrate 12 g	4%*	Dried Beet (Root), Dried Strawberry (Fruit), Dried Mango (Fruit), Dried Green Apple (Fruit), Dried Blueberry (Fruit), Dried Noni (Fruit), Dried Red Dragon Fruit (<i>Hylocereus undatus</i>) (Fruit), Dried Banana (Fruit), Dried Tomato (Fruit), Dried Grape (Fruit), Camu-Camu Berry (Fruit), Dried Kale (Fruit), Dried Goji Berry (Fruit), Dried Tart Cherry (Fruit)	
Dietary Fiber 6 g	21%*	Antioxidant Support Blend 150 mg	†
Total Sugars 3 g		Chlorella (<i>Chlorella vulgaris</i>), Moringa (<i>Moringa oleifera</i>) (Leaf), Dried Spirulina (Whole Plant), Alpha Lipoic Acid, Resveratrol (<i>Polygonum cuspidatum</i>), Maqui (<i>Aristotelia chilensis</i>) (Fruit), Dried Broccoli (Flower Bud), Reishi (<i>Ganoderma lucidum</i>) Fruiting Body Dried Extract, Coenzyme Q10 (Ubiquinone), Quercetin (<i>Sophora japonica</i>), Grape Extract (<i>Vitis vinifera</i>) (Seed)	
Protein 20 g		Probiotic Blend (50 Billion CFU) 150 mg	†
Vitamin A (as Vitamin A Acetate) 230 mcg	26%	Lactobacillus plantarum (10 billion CFU), <i>Lactobacillus rhamnosus</i> (10 billion CFU), <i>Lactobacillus casei</i> (7.5 billion CFU), <i>Bifidobacterium lactis</i> (10 billion CFU), <i>Bifidobacterium adolescentis</i> (7.5 billion CFU), <i>Bifidobacterium longum</i> (5 billion CFU)	
Vitamin C (as Ascorbic Acid) 76 mg	84%	GLP1 Activation Blend 100 mg	†
Vitamin D (as Cholecalciferol) 2 mcg	10%	Berberine HCl (<i>Phellodendron chinense</i> Schneid), Turmeric (<i>Curcuma longa</i>) (Root), Dried Spinach (<i>Spinacia oleracea</i>) (Whole Plant), Green Tea Extract (<i>Camellia sinensis</i>) (Leaf), Bitter Melon (<i>Momordica charantia</i>) (Fruit)	
Vitamin E (as <i>dl</i> -Alpha Tocopherol) 30 mg	200%	Protease 50 mg	†
Vitamin K (as Phylloquinone) 6 mcg	5%	Amylase 50 mg	†
Thiamin (as Thiamine HCl) 9.9 mg	825%	AFA Algae (<i>Aphanizomenon flos-aquae</i>) 10 mg	†
Riboflavin 11 mg	846%		
Nacin (as Niacinamide) 5 mg	31%		
Vitamin B ₆ (as Pyridoxine HCl) 3.3 mg	212%		
Folate 165 mcg DFE (97 mcg L-methylfolate from 105 mcg 5-Methylfolate, calcium salt)	41%		
Vitamin B ₁₂ (as Methylcobalamin) 3 mcg	125%		
Biotin (as D-Biotin) 3 mcg	10%		
Pantothenic Acid (as Calcium Pantothenate) 5 mg	100%		
Calcium (as Calcium Carbonate) 160 mg	12%		
Iodine (as Potassium Iodide) 66 mcg	44%		
Magnesium (as Magnesium Citrate) 40 mg	10%		
Zinc (as Zinc Oxide) 3.2 mg	29%		
Selenium (as Selenomethionine) 66 mcg	120%		
Copper (as Cupric Oxide) 0.2 mg	22%		
Manganese (as Manganese Sulfate) 3.3 mg	143%		
Chromium (as Chromium Picolinate) 40 mcg	114%		
Plant Protein Blend 25 g	†		
Pea Protein Powder, Rice Protein Powder, Hemp Protein Powder, Pumpkin Seed Protein Powder			
Omega-3 Fatty Acids (from Seaweed (<i>Schizochytrium</i>)) 75 mg	†		
Eicosapentaenoic Acid (EPA) 23 mg			
Docosahexaenoic (DHA) 15 mg			

Other Ingredients: Organic Inulin, Ground Flax Seed (*Linum usitatissimum*), Psyllium Husk (Seed) (*Plantago ovata*), Xanthan Gum, Cocoa Powder, Chocolate Flavoring, Steviol Glycosides, Silicon Dioxide

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE TREAT, CURE OR PREVENT ANY DISEASE.



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